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Bright from the Start: The Simple, Science-Backed Way to Nurture Your Child's Developing Mind from Birth to Age 3

"This book is a gem and will help you enrich your child's life and 'nourish' his/her growing brain with great love and intelligent fun."
—HARVEY KARP, M.D., author of *The Happiest Toddler on the Block*

The Simple, Science-Backed
Way to Nurture Your Child's
Developing Mind from Birth to Age 3

BRIGHT FROM THE START



JILL STAMM, PH.D.
Cofounder of New Directions Institute for Infant Brain Development
WITH PAULA SPENCER

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Description :

Prsentation de l'diteurA cutting-edge handbook for parents from a pioneer in infant brain developmentShould you really read to your baby? Can teaching a baby sign language boost IQ? Should you pipe classical music into the nursery? Dr. Stamm translates the latest neuroscience findings into clear explanations and practical suggestions, demonstrating the importance of the simple ways you interact with

your child every day. It isn't the right edu-tainment that nurtures an infant's brain. It is as simple as Attention, Bonding, and Communication, and it's within every parent's ability to provide. Practical games and tips for each developmental age group will show you not only what the latest findings are but, more importantly, tell you what to do with them.

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Biographie de l'auteur Dr. Jill Stamm is the cofounder of New Directions Institute for Infant Brain Development and is an associate clinical professor at Arizona State University in Psychology in Education. She is a well-known presenter on the subject of early brain development and has spoken before thousands of parents, caregivers, teachers, and policymakers. She knows firsthand how resilient a newborn's brain is: her first daughter was born almost four months premature and doctors insisted she would never walk or talk. Stamm dedicated herself to improving her daughter's life, and the result is living proof that nearly every baby's brain has the potential to adapt and flourish given the right attention.