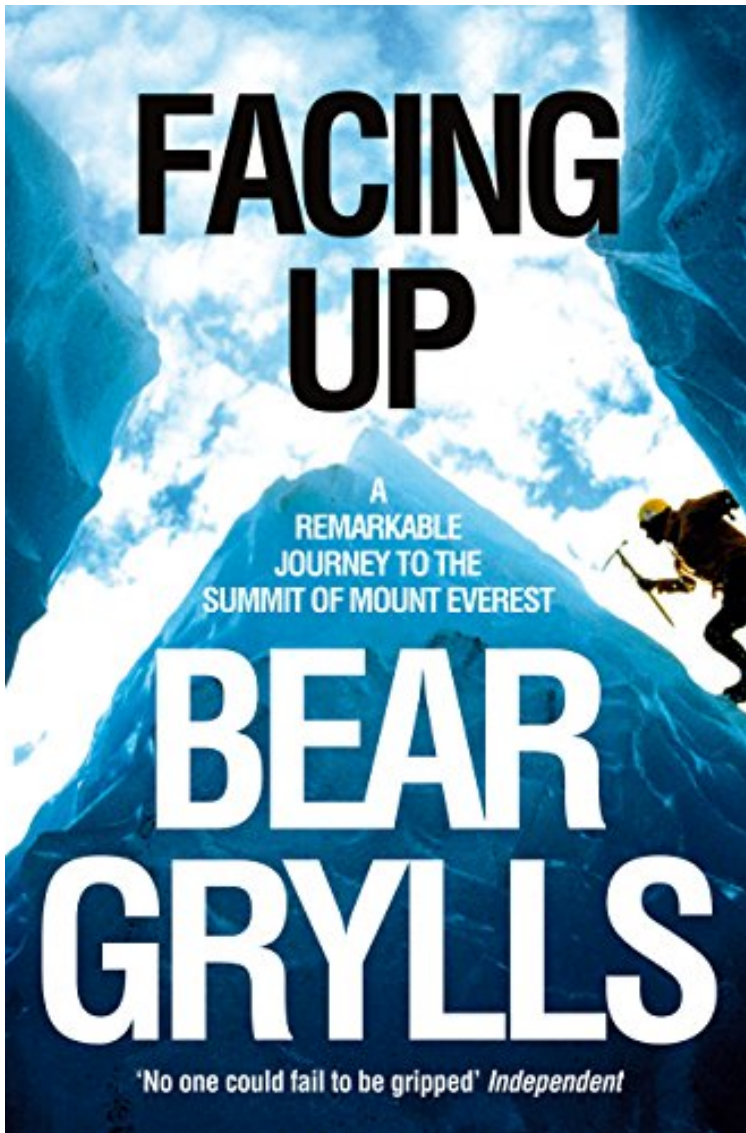


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Facing Up: A Remarkable Journey to the Summit of Mount Everest (English Edition)



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courage and humour, his friendship and faith. From AudioFile The youngest Briton ever to reach the summit of Everest and return safely tells his story. Replete with graphic details of life at 20,000-plus feet, Grylls's account also shows his spiritual side. An Everest climb yields plenty of downtime for meditation, and the young trekker mixes hiking anecdotes and scripture. Whether a farmer's son would speak in Julian Rhind-Tutt's upperclass diction is questionable, but the narration is clear, well-paced, and sincere. It's easy to believe that the speaker is tired, homesick, thrilled, frightened, and reverential by turns. There are plenty of brushes with death, well-foreshadowed by author and reader, but we know from the beginning that he survives. In this case, it's the journey, not the arrival, that counts. J.B.G. AudioFile 2002, Portland, Maine-- Copyright AudioFile, Portland, Maine Presentation de l'diteur 'No one could fail to be gripped by his heartfelt excitement and emotion over what was the adventure of a lifetime' Independent At the age of twenty-three, Bear Grylls became one of the youngest Britons to reach the summit of Mount Everest. At extreme altitude youth holds no advantage over experience, and it is generally acknowledged that younger climbers have more difficulty coping with the adverse effects of mountaineering. Nevertheless, only two years after breaking his back in a freefall parachuting accident, Bear Grylls overcame severe weather conditions, fatigue, dehydration and a last-minute illness to stand on top of the world's highest mountain. Facing Up is the story of his adventure, his courage and humour, his friendship and faith.