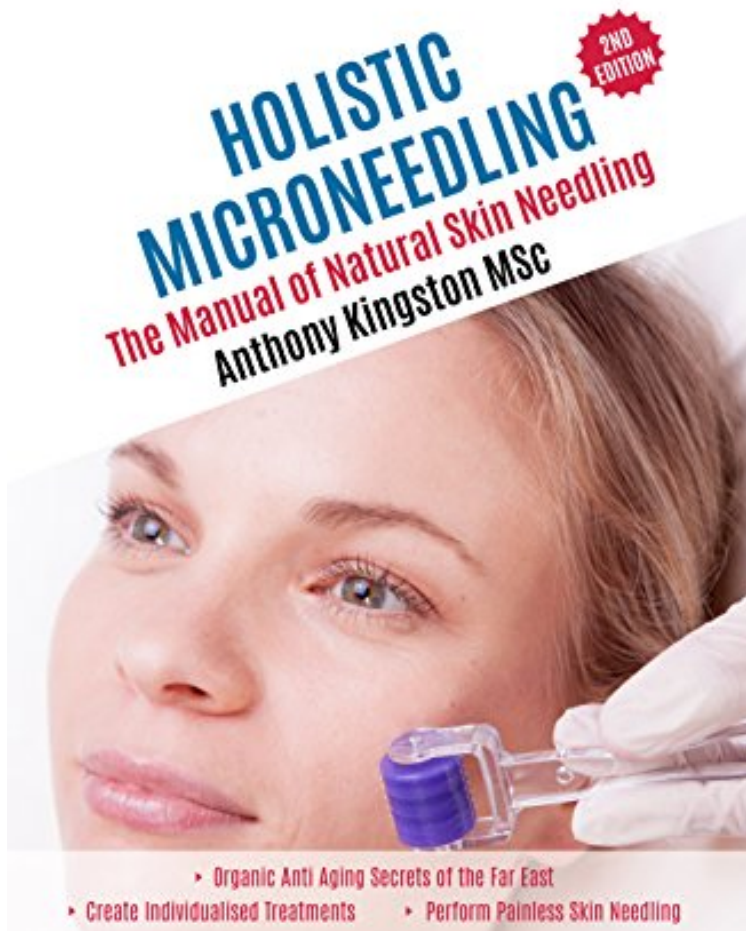


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achieve results above and beyond what more aggressive treatments can promise. Anthony is uniquely placed to write this book having studied cosmetic skin needling throughout Asia before founding the first specialist skin needling clinic in the Southern Hemisphere. He has repeatedly demonstrated his techniques on National Television and now teaches his techniques throughout the world 176 pages 2nd Edition 2015 *Présentation de l'auteur* Whether you are an experienced clinic owner or a home user who wants to improve results and avoid risks, this book will introduce you to a totally new and innovative way to perform Microneedling which has taken the cosmetic world by storm. Microneedling has the amazing ability to induct the body's own collagen in vast quantities and dramatically increase product absorption which has made it a main stay in the high end cosmetic clinics across the globe. By drawing on the ancient skin needling traditions of the far-east Anthony shows us how to perform Microneedling in a less invasive way and achieve results above and beyond what more aggressive treatments can promise. Anthony is uniquely placed to write this book having studied cosmetic skin needling throughout Asia before founding the first specialist skin needling clinic in the Southern Hemisphere. He has repeatedly demonstrated his techniques on National Television and now teaches his techniques throughout the world 176 pages 2nd Edition 2015 *Biographie de l'auteur* Anthony Kingston completed 5 years of tertiary study in acupuncture and Chinese herbal medicine in Sydney Australia. He and his wife Kamila then travelled repeatedly to China, Malaysia and Singapore to study the Asian understanding of cosmetic skin needling. On returning to Australia they set up White Lotus Cosmetic Acupuncture the first specialist cosmetic acupuncture clinic in Australasia. This clinic became well known due to its innovative adaptations of traditional anti aging techniques to modern tastes. During this time they began to incorporate modern microneedling or skin needling into their clinic and quickly saw the benefits of adapting this modern treatment back into a traditional philosophy of anti aging such as is found in parts of Asia. Anthony has demonstrated many of his skin needling techniques on National television and has repeatedly written articles for a variety of general interest and scientific publications. He holds a BSc in acupuncture and complementary medicine and an MSc in herbal medicine focused on pharmacology. He is the advisor on skin needling to BABTAC the largest beauty organisation in the UK. He currently lives in Spain with his wife and young children.