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# How to Live on 24 Hours a Day (English Edition)



*Par Arnold Bennett*  
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Prsentation de l'diteur Four "how to" books by Arnold Bennett are in this Kindle eBook: How To Live on 24 Hours a Day; The Human Machine; Mental Efficiency and Other Hints; and Literary Taste: How To Form It.How To Live on 24 Hours a DayLate? Stressed? Philosophers may have explained space but they have not explained time. Arnold Bennett does his best in this century-old classic which poses the question: if time is the most precious of possessions, why do we waste it? This is a book with lessons for todays frazzled city

dweller. It is part philosophy and part self-help. Bennett dissects time and explains how to reflect upon genuinely important things; upon the problem of our happiness, upon the main directions of our lives, and the share in which reason has (or has not) in determining our actions. It is only when we focus on the relationship between our principles and conduct that we can begin to understand ourselves and discover the key to our happiness. Bennetts book is published in this edition with his other instructive manuals: Mental Efficiency, The Human Machine and Literary Taste, How to Form It. Author Arnold Bennett (1867-1931) was a British author who studied to become a solicitor but turned to journalism and moved to Paris to indulge in life as an author and intellect. He returned to England during the First World War to become Director of Propaganda at the War Ministry and later wrote about books for a London newspaper. *Revue de presse* Mr Bennett writes with his usual crispness, point and humour *Times of London* -- *Times of London* Presentation de l'auteur Four "how to" books by Arnold Bennett are in this Kindle eBook: *How To Live on 24 Hours a Day*; *The Human Machine*; *Mental Efficiency and Other Hints*; and *Literary Taste: How To Form It*. *How To Live on 24 Hours a Day* Late? Stressed? Philosophers may have explained space but they have not explained time. Arnold Bennett does his best in this century-old classic which poses the question: if time is the most precious of possessions, why do we waste it? This is a book with lessons for todays frazzled city dweller. It is part philosophy and part self-help. Bennett dissects time and explains how to reflect upon genuinely important things; upon the problem of our happiness, upon the main directions of our lives, and the share in which reason has (or has not) in determining our actions. It is only when we focus on the relationship between our principles and conduct that we can begin to understand ourselves and discover the key to our happiness. Bennetts book is published in this edition with his other instructive manuals: *Mental Efficiency*, *The Human Machine* and *Literary Taste, How to Form It*. Author Arnold Bennett (1867-1931) was a British author who studied to become a solicitor but turned to journalism and moved to Paris to indulge in life as an author and intellect. He returned to England during the First World War to become Director of Propaganda at the War Ministry and later wrote about books for a London newspaper.