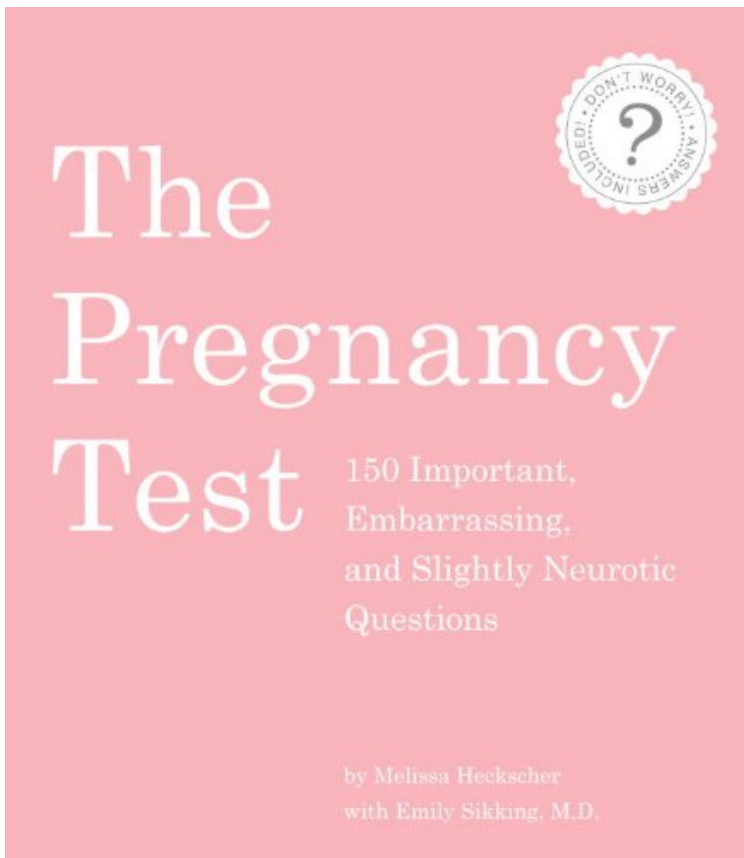


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The Pregnancy Test



Par Melissa Heckscher, Emily Sikking
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Par Melissa Heckscher, Emily Sikking :
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Description :

Prsentation de l'diteur Expecting moms have plenty of weird and blush-worthy questions theyd rather not ask their doctors: Is it okay to get a bikini wax? Can my baby cry in the womb? Why have I gained so much weight? The Pregnancy Test turns these questions and others into a delightful multiple-choice guessing game, complete with carefully researched and informative responses to the wildest and most outrageous concerns. Authors Melissa Heckscher and Dr. Emily Sikking test readers knowledge of everything from fetal development to labor and delivery and along the way, youll learn why pregnant women should stay off roller coasters and go easy on caffeine. The perfect gift for new moms (and a terrific refresher course for seasoned veterans), The Pregnancy Test answers everything youve ever wondered while expecting. Revue de presse The Pregnancy test book is a cracking look book for an anxious pregnant lady. I so wish I had had this. The questions asked within it are absolutely the ones I worried and wonderd about. So many myths suurround what you can and can t do when you are pregnant you can end up very confused if you ask around. In this book those questions are addressed and get answered conclusively. Fantastic! I ll give you a couple of examples: Q. Why do my f***s smell so bad now I am pregnant? A. It s to do with the relaxing of your digestive tract apparently! Q. Can my unborn baby really taste what I eat? A. Yes they can from 28 weeks!. Can severe constipation hurt my unborn baby? A. No but it can hurt you so eat lots of fibre, drink lots of water What a useful little book to dispell your pregnancy worries! It is also a handy handbag size --

Baby Budgeting, February, 2011---When I was asked if I wanted to review a new book, *The Pregnancy Test*, I nearly fell off my chair with laughter. My mellow approach to motherhood is not one that sees me consult parenting handbooks, or scour the internet looking for answers to my daily mummy worries. I do my own thing, make my own decisions and worry little. But, as I've mentioned before, I wasn't always this mellow. During my pregnancy, I DID worry, I did scour books, magazines and the internet for answers for questions about how I was feeling, and what I could expect. So, is Cross-Country skiing safe during pregnancy? What, you mean you'd never stopped to ask yourself this? *The Pregnancy Test* is a pocket-sized handbook for pregnant mums. It is packed full of questions that real mums have asked. They're not all as entertaining as this one (although I am sure that there are people out there who do worry about this). The book is a fascinating mix of (a) the glaringly obvious things that I'd hope most pregnant mums already know (b) the day-to-day questions that mums-to-be really do ask of others (c) embarrassing questions people are too embarrassed to ask anyone else (even Google) (d) silly questions to make you giggle. Reading the book actually made me realise how many of the questions I had asked myself during pregnancy. I really wasn't very mellow back then at all! There are lots of things I had to look up, or ask my midwife during pregnancy which are covered in this book. I did learn quite a few things, particularly in the section towards the end, all about twins (about which, I knew nothing). Also, did you know that it has been proven that men can also suffer from morning sickness??? Question #125 says it is so! As I read through the questions and answers in *The Pregnancy Test* I really began to think how useful the book would have been for Dads-to-be. I don't think I would have bought the book for myself, but I would consider buying it as a gift for an expectant friend and even more so for a male friend or colleague. I think there would be great value in an expectant couple talking through each of the questions together as part of their pregnancy learning curve. I think Dads-to-be would be less likely to approach others for answers to questions and more likely to hide away in a corner of the house with this book and read up on what their partner is going through. Questions such as Why am I snoring more now that I'm pregnant? and Does my baby feel anything in utero when I have sex? may help dads to provide support to their partners, or at least make them feel knowledgeable. *The Pregnancy Test* features 130 questions and answers plus a quick-fire quiz. It also features an index which is pretty useful if you want to go back and find out more about a question you remembered, later in your pregnancy. About 5% of the questions are a little too USA-oriented (US maternity law and some health guidelines differ to those in the UK). I enjoyed the fact that the book wasn't too serious -- --BabyWeb, May, 2011 with a mix of sensible questions and off the wall ones, such as should I go on a roller-coaster if I'm pregnant (avoid because of the jerking), it's funny and informative. The quiz is great, too, because my husband and I could test each other, and it's a fun way to get him involved... --Pregnancy Birth magazine, May, 2011...has 150 questions that pregnant women may think about but be too embarrassed to ask anyone. Questions such as Why is hair growing around my belly button? and Why does my pee smell weird? are two of the more light-hearted questions in the books but there are lots of serious ones too. The book is set out as a quiz, with either multiple choice or true/false questions with the answers being over the page so you can't cheat! When I received it I was expecting it to be a bit of a jokey book with all the answers simply being common sense so I was surprised to find that there were lots of serious questions, some of which I didn't actually know the answer to. There are lots of funny and embarrassing questions in there too, lots of which I did actually wonder when I was pregnant. It makes a refreshing change from the regular pregnancy books and I think it would make a great gift for a mum or dad-to-be. I'm sure it would help to ease some of the worries of an anxious pregnant woman--Mummy Musings, April, 2011-- I have never purchased any pregnancy books before because, to be honest I was put off due to the text book size of most of them! This book is different though, part trivia game, part prescription, *The Pregnancy Test* is a combination of medical facts and doctor-dispensed advice. I like the fact this book isn't just pages of do's and don'ts, it's fun but informative. The questions come from the authors, their pregnant friends, patients and online pregnancy forums the result is a great variety of questions. Even though I have two children I have still enjoyed reading this book and I found it really interesting (there were a few questions I had absolutely no idea what the answers were!!) I kept going back to read a bit more. I would have loved *The Pregnancy Test* book when I was pregnant and I think it would make a great gift for any mum-to-be you may know. If you are hosting or attending a baby shower or even just having a get together with the girls then this book will be great for a Q A game - you will be guaranteed to have a giggle and may learn something as well! Well worth a read, I really recommend it. -- --Baby Web, May, 2011 I have never purchased any pregnancy books before because, to be honest I was put off due to the text book size of most of them! This book is different though, part trivia game, part

prescription, The Pregnancy Test is a combination of medical facts and doctor-dispensed advice. I like the fact this book isn't just pages of do's and don'ts, it's fun but informative. The questions come from the authors, their pregnant friends, patients and online pregnancy forums the result is a great variety of questions. Even though I have two children I have still enjoyed reading this book and I found it really interesting (there were a few questions I had absolutely no idea what the answers were!!) I kept going back to read a bit more. I would have loved The Pregnancy Test book when I was pregnant and I think it would make a great gift for any mum-to-be you may know. If you are hosting or attending a baby shower or even just having a get together with the girls then this book will be great for a Q A game - you will be guaranteed to have a giggle and may learn something as well! Well worth a read, I really recommend it. -- --Ladybirds and Lollipops, April, 2011---can I ride a rollercoaster while expecting? Can I whiten my teeth? Wear high heels? Jump rope? If you have a list of pregnancy ponderings like these running through your head, Melissa Heckscher and Emily Sikking may just have the answers you need -- --Pregnancy Newborn magazine, May, 2011Prsentation de l'diteurExpecting moms have plenty of weird and blush-worthy questions theyd rather not ask their doctors: Is it okay to get a bikini wax? Can my baby cry in the womb? Why have I gained so much weight? The Pregnancy Test turns these questions and others into a delightful multiple-choice guessing game, complete with carefully researched and informative responses to the wildest and most outrageous concerns. Authors Melissa Heckscher and Dr. Emily Sikking test readers knowledge of everything from fetal development to labor and deliveryand along the way, youll learn why pregnant women should stay off roller coasters and go easy on caffeine. The perfect gift for new moms (and a terrific refresher course for seasoned veterans), The Pregnancy Test answers everything youve ever wondered while expecting.