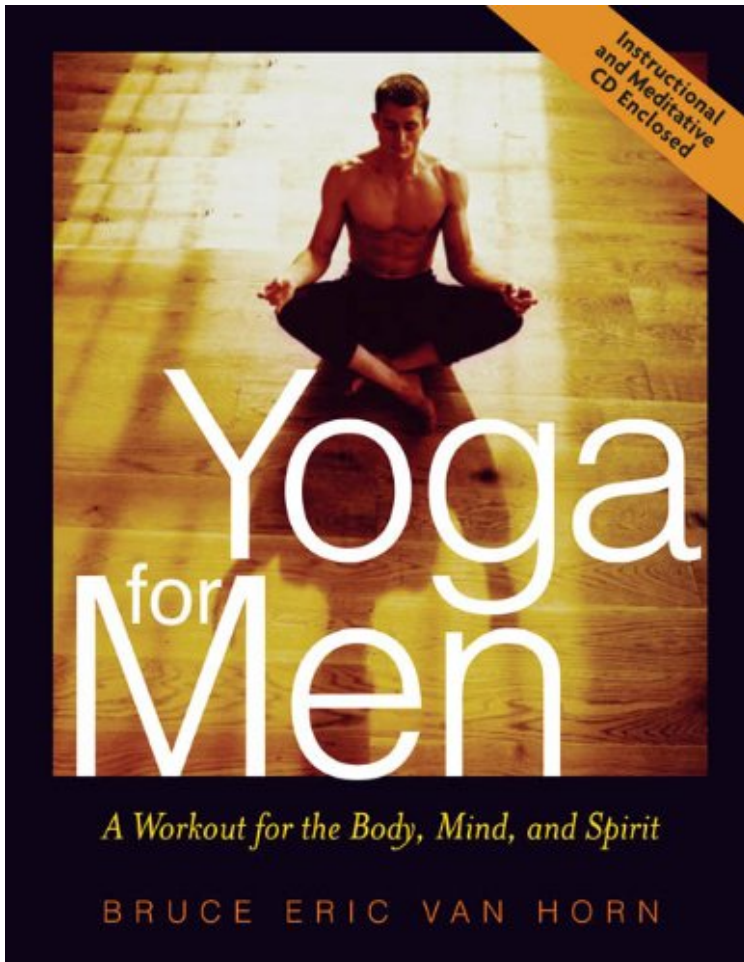


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Yoga for Men: A Workout for the Body, Mind, and Spirit



Par Bruce Van Horn
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